



2021 Preauthorization Statistics for Texas Plans with Utilization Management under Cigna

Preauthorization Statistics by Provider Type and Specialty

Provider Type and Specialty	Approvals	Denials	Denials Overturned on Internal Appeal	Denials Overturned by an Independent Review Organization (IRO)
Anesthesiology	2	0	0	0
Cardiovascular Disease	11	3	1	0
Chiropractor	0	1	0	0
Craniofacial Surgery	2	0	2	0
Family Practice	19	7	0	0
Gastroenterology	3	2	0	0
General Surgery	1	0	0	0
Internal Medicine	7	2	0	0
Nephrology	1	0	0	0
Neurology	16	1	0	0
Neurosurgery	2	0	0	0
Nurse Practitioner	2	2	0	0
Obstetrics &Gynecology	5	0	2	0
Oncology	1	1	0	0
Ophthalmology	1	2	0	0
Oral/ Maxillofacial Surgery	2	0	1	0
Orthopedic Surgery	12	2	0	0
Other	1	0	1	0
Otolaryngologist (ENT)	7	1	0	0
Physical Medicine & Rehabilitation	6	1	0	0
Physical Therapist	1	3	0	0
Physician Assistant	1	0	0	0
Podiatry	3	4	2	0
Primary Care Physicians	0	1	0	0
Pulmonary Diseases	2	0	0	0
Rheumatology	0	0	1	0
Sports Medicine	18	8	0	0
Surgery-Neurology	1	0	0	0
Surgery-Orthopedic	26	5	0	0
Urgent Care	1	1	0	0
Urology	3	0	0	0



Total Annual Preauthorization Requests, Approvals, and Denials by Service Type

Service Type	Approvals	Denials
Inpatient: Procedure: Misc	1	0
Inpatient: Surgery – Pain Management	1	0
Outpatient: Procedure: Imaging	128	42
Outpatient: Procedure: Pain Management	0	1
Outpatient: Procedure: Physical Therapy	1	3
Outpatient: Procedure: Sleep Study	8	0
Outpatient: Procedure: Stress Test	4	1
Outpatient: Procedure: Surgery	17	0