

SPECIALTY DRUG LIST



As of January 1, 2020

Specialty medications are used to treat complex conditions like multiple sclerosis, hepatitis C and rheumatoid arthritis.

This document shows the most commonly prescribed oral and injectable specialty medications covered as of January 1, 2020.^{1,2} **The Specialty Drug List is updated often so it's important to know that this is not a complete list of the medications your plan covers.** Also, your specific plan may not cover all of the medications in this document. Medications are listed alphabetically; Brand name medications are capitalized and generic medications are lowercase.

Some plans have specific coverage requirements for specialty medications.

For example, some plans may:

- Limit coverage to a 30-day supply.
- Cover oral medications differently than injectable medications. In this drug list, oral medications have a caret (^) next to them.
- Cover certain medications under either the pharmacy or medical benefit, or under both benefits. In this drug list, these medications have an asterisk (*) next

to them. This may affect the amount you pay for your medication, if you need approval from Cigna before your plan will cover it and/or if you have to use a specific pharmacy to fill it. For example, if the medication is covered under the pharmacy benefit, your plan may require you to use Accredo, a Cigna specialty pharmacy, to receive coverage.³



Log in to the **myCigna**® App or website, or check your plan materials, to learn more about the specialty medications your plan covers. You can also click on “Price a Medication” to see how much your medication will cost you and to see if there are lower-cost alternatives available.⁴

Medication Name

| A | | | |
|---------------------------------|------------|---------------------|-------------|
| abacavir^ | Acthrel | Adriamycin | Agrylin^ |
| abacavir-lamivudine^ | Actimmune* | Adrucil | Akynzeo**^ |
| abacavir-lamivudine-zidovudine^ | Adagen | Advate* | Aldurazyme |
| Abraxane | Adcetris | Adynovate | Alecensa**^ |
| Actemra* | Adcirca**^ | Afinitor**^ | Alferon N |
| | adefovir^ | Afinitor Disperz**^ | Alimta |
| | Adempas**^ | Afstyla | Aliqopa |

Brand name medications are capitalized and generic medications are lowercase.

* If this medication is covered under your pharmacy benefit, your plan may require you to use Accredo, a Cigna specialty pharmacy, to receive coverage. You may be able to use an in-network retail pharmacy one or more times before switching to Accredo. Log in to the myCigna app or website, or check your plan materials, to learn more about how your plan covers this medication.

^ This is an oral specialty medication. Log in to the myCigna app or website, or check your plan materials, to learn more about how your plan covers this medication.

Together, all the way.®



Offered by: Cigna Health and Life Insurance Company or Connecticut General Life Insurance Company.

893271 k Specialty FACETS 09/19

Medication Name

| | | | |
|---------------------------|------------------------|------------------------|--------------|
| Alkeran^ | Bendeka | Cinryze | Doxil |
| alosetron^ | Benefix | Cinvanti* | doxorubicin |
| Aloxi | Benlysta* | Cisplatin | Duopa |
| Alphanate | Berinert | cladribine | Dupixent* |
| Alphanine SD | Besponsa | clofarabine | Durolane* |
| Alprolix* | Betaseron* | Clolar | Dysport |
| Alunbrig*^ | Bethkis | Coagadex | E |
| Ameluz^ | bevacizumab | Combivir^ | Edurant^ |
| Amicar^ | bexarotene^ | Cometriq*^ | efavirenz^ |
| aminocaproic acid^ | bicalutamide^ | Complera^ | Egrifta* |
| Ampyra*^ | BiCNU | Copaxone* | Elaprase |
| Amvisc | Biktarvy^ | Corifact | Elelyso |
| Amvisc Plus | Bivigam | Cosentyx* | Eligard |
| anagrelide^ | bleomycin | Cosmegen | Elitek |
| Andexxa | Blincyto | Cotellic*^ | Ellence |
| Anzemet*^ | Boniva | Crixivan^ | Eloctate |
| Apokyn* | Bortezomib* | Crysvita | Emcyt^ |
| aprepitant*^ | Bosulif*^ | Cuprimine*^ | Emend*^ |
| Aptivus^ | Botox | Cuvitru | Emflaza*^ |
| Aralast NP | Braftovi*^ | cyclophosphamide^ | Empliciti |
| Aranesp* | Bravelle | cyclosporine^ | Emtriva^ |
| Arcalyst* | Brineura | cyclosporine modified^ | Enbrel* |
| Arestin | Buphenyl^ | Cyklokapron | enoxaparin |
| argatroban | busulfan | Cyramza | entecavir^ |
| Arixtra | Busulfex | Cystadane^ | Entyvio |
| Arranon | C | Cystagon^ | Envarsus XR^ |
| Arzerra | Cabometyx*^ | Cystaran | Eplusa*^ |
| Asclera | Calquence*^ | cytarabine | epirubicin |
| Astagraf XL^ | Campath | Cytogam | Epivir^ |
| atazanavir ^ | Camptosar | Cytovene | Epivir HBV^ |
| Atgam | capecitabine^ | D | Epogen* |
| Atripla^ | Caprelsa*^ | dacarbazine | epoprostenol |
| Aubagio*^ | Carbaglu^ | Dacogen | Epzicom^ |
| Austedo*^ | carboplatin | dactinomycin | Erbitux |
| Avastin | Carimune NF | Daklinza*^ | Erivedge*^ |
| Aveed | Casodex^ | Daraprim*^ | Erleada^ |
| Avonex* | Cellcept^ | Darzalex | Erwinaze |
| azacitidine | Ceprotin | daunorubicin | Esbriet*^ |
| Azasan^ | Cerdelga*^ | DDAVP | Ethyol |
| azathioprine^ | Cerezyme | decitabine | Etopophos |
| B | cetrotide | Defitelio* | etoposide^ |
| Baraclude^ | Chenodal^ | Depen*^ | Euflexxa |
| Bavencio | Cholbam*^ | Descovy^ | Evomela |
| BCG (Tice Strain) | chorionic gonadotropin | desmopressin | Evotaz^ |
| BCG Vaccine (Tice Strain) | cidofovir | dextrazoxane | Exjade^ |
| Bebulin | Cimduo^ | didanosine^ | Exondys 51* |
| Beleodaq | Cimzia* | docetaxel | Extavia* |
| bendamustine | Cinqair* | Doptelet*^ | Eylea |

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Medication Name

F

Fabrazyme
 Farydak*^
 Fasenra*
 Faslodex
 Feiba NF
 Ferriprox^
 Fibryga*
 Firazyr*
 Firmagon*
 Flebogamma DIF
 Flolan
 floxuridine
 fludarabine
 fluorouracil
 flutamide^
 Follistim AQ
 Folutyn
 fondaparinux
 Forteo
 fosamprenavir^
 Fragmin
 Fusilev
 Fuzeon

G

Gamastan S-D
 Gammagard Liquid
 Gammagard S-D
 Gammaked
 Gammaplex
 Gamunex-C
 ganciclovir
 ganirelix
 Gattex*
 Gazyva
 Gel-One
 Gelsyn-3
 gemcitabine*
 Gemzar
 Gengraf^
 Genotropin*
 Genvisc 850
 Genvoya^
 Giapreza
 Gilenya*^
 Gilotrif*^
 Glassia
 glatiramer*

Glatopa*
 Gleevec*^
 Gliadel
 Gonal-F
 Granix

H

H.P. Acthar
 Haegarda*
 Halaven
 Harvoni*^
 Helixate FS
 Hemlibra*
 Hemofil M
 Hepagam B
 Hepsera^
 Herceptin
 Hetlioz*^
 Hexalen^
 Hizentra
 Humate-P
 Humatrope*
 Humira*
 Hyalgan
 Hycamtin^
 hydroxyprogesterone
 Hylenex
 Hymovis
 Hyperhep B S-D
 Hyperrab
 Hyperrab S-D
 Hyperrho S-D
 Hyqvia

I

Ibandronate
 Ibrance*^
 Iclusig*^
 Idamycin PFS
 idarubicin
 Idelvion
 Idhifa*^
 Ifex
 ifosfamide
 Ilaris*
 Iluvien
 imatinib*^
 Imbruvica*^
 Imfinzi

Imlygic
 Imogam Rabies-HT
 Imuran^
 Increlex*
 Inflectra*
 Ingrezza*^
 Inlyta*^
 Intelence^
 Intron A*
 Invirase^
 Iprivask
 Iressa*^
 irinotecan
 Isentress^
 Isentress HD^
 Istodax
 Ixempra
 Ixinity

J

Jadenu^
 Jadenu Sprinkle^
 Jakafi*^
 Jetrea
 Jevtana
 Juluca^
 Juxtapid*^
 Jynarque*^

K

Kadcyla
 Kalbitor
 Kaletra^
 Kalydeco*^
 Kanuma*
 Kcentra
 Kedrab
 Kepivance
 Keveyis^
 Kevzara*
 Keytruda
 Kineret*
 Kisqali*^
 Kisqali Femara Co-Pack*^
 Kitabis Pak
 Koate
 Kogenate FS
 Korlym*^
 Kovaltry

Krystexxa
 Kuvan*^
 Kyleena
 Kymriah
 Kynamro*
 Kyprolis*

L

lamivudine^
 lamivudine HBV^
 lamivudine-zidovudine^
 Lartruvo
 Lemtrada
 Lenvima*^
 Letairis*^
 leucovorin^
 Leukine
 leuprolide*
 levoleucovorin
 Levulan^
 Lexiva^
 Liletta
 Lonsurf*^
 lopinavir-ritonavir^
 Lotronex^
 Lovenox
 Lucentis*
 Lumizyme
 Lupaneta Pack*
 Lupron Depot*
 Lupron Depot-Ped*
 Lutathera*
 Luxturna
 Lynparza*^
 Lysteda^

M

Maci
 Macugen
 Makena*
 Marqibo
 Matulane^
 Mavyret*^
 Mekinist*^
 Mektovi*^
 melphalan^
 Menopur
 Mepsevii*
 Mesna

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Medication Name

| | | | |
|--------------------------------|----------------------------|----------------------------|------------------------------------|
| Mesnex [^] | Nucala | Praluent* | Ribasphere [^] |
| methotrexate [^] | Nulojix | Praxbind | Ribavirin [^] |
| MICRhoGAM Ultra-Filtered Plus | Nuplazid* [^] | Pregnyl | Rilutek [^] |
| Miglustat* [^] | Nutropin AQ* | Prevymis [^] | riluzole [^] |
| Mircera* | Nuwiq | Prezcobix [^] | ritonavir [^] |
| Mirena | O | Prezista [^] | Rituxan |
| mitomycin | Obizur | Prialt | Rituxan Hycela |
| mitoxantrone | Ocaliva* [^] | Privigen | Rixubis |
| Moderiba [^] | Ocrevus | Procrit* | romidepsin |
| Monoclate-P | Octagam | Procysbi* [^] | Rubraca* [^] |
| Mononine | octreotide* | Profilnine | Ruconest |
| Monovisc | Odefsey [^] | progesterone | Rydapt* [^] |
| Mozobil | Odanzo* [^] | Progesterone In Oil | S |
| Mustargen | Ofev* [^] | Prograf [^] | Sabril [^] |
| Mutamycin | Olumiant [^] | Prolastin C* | Saizen* |
| Myalept* | Omnitrope* | Proleukin* | Samsca [^] |
| mycophenolate [^] | Oncaspar | Prolia | Sandimmune [^] |
| mycophenolic acid [^] | Onivyde | Promacta* [^] | Sandostatin* |
| Myfortic [^] | Opdivo* | Provenge | Sandostatin LAR |
| Myobloc | Opsumit* [^] | Provisc | Sandostatin LAR Depot* |
| N | Orencia* | Pulmozyme* | Selzentry [^] |
| Nabi-HB | Orenitram ER* [^] | Purixan [^] | Sensipar [^] |
| Naglazyme | Orfadin [^] | R | Serostim* |
| Natpara* | Orkambi* [^] | Radicava | Signifor* |
| Natrecor | Orthovisc | Rapamune [^] | Signifor LAR* |
| Navelbine | Otezla* [^] | Rasuvo* | sildenafil* [^] |
| Neoral [^] | Otrexup* | Ravicti [^] | Siliq* |
| Nerlynx* [^] | Ovidrel | Rebetol [^] | Simponi* |
| Neulasta* | oxaliplatin | Rebif* | Simponi Aria* |
| Neupogen* | Ozurdex | Rebinyn | Simulect |
| nevirapine [^] | P | Reclast | Sinuva* |
| nevirapine ER [^] | paclitaxel | Recombinate | sirolimus [^] |
| Nexavar* [^] | palonosetron | Remicade* | Sirturo [^] |
| Nexavir | Palyzinq* | Remodulin | Skyla |
| Nexplanon | pamidronate | Renflexis | sodium phenylbutyrate [^] |
| Nilandron [^] | Panhematin | Reopro | Soliris |
| nilutamide [^] | Panretin [^] | Repatha* | Somatuline Depot* |
| Ninlaro* [^] | Paragard T 380-A | Rescriptor [^] | Somavert* |
| Nipent | paricalcitol [^] | Retacrit* | Sovaldi* [^] |
| Nityr [^] | Parsabiv | Retisert | Spinraza* |
| Norditropin* | Pegasys* | Retrovir [^] | Sprycel* [^] |
| Northera* [^] | PegIntron* | Revatio* [^] | stavudine [^] |
| Norvir [^] | Perjeta | Revlimid* [^] | Stelara* |
| Novarel | Photofrin | Reyataz [^] | Stimate |
| Novoeight | Plegridy* | RhoGAM Ultra-Filtered Plus | Stivarga* [^] |
| Novoseven RT | Pomalyst* [^] | Rhophylac | Strensiq* |
| Nplate | Portrazza | Riastap | Stribild [^] |
| | | | Sublocade |

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Medication Name

| | | | |
|------------------|------------------|----------------|-----------------|
| Sucraid^ | Tivicay^ | Ventavis* | Xermelo**^ |
| Supartz | Tobi | Verzenio**^ | Xgeva |
| Supartz FX | Tobi Podhaler | Vidaza | Xiaflex |
| Supprelin LA | tobramycin | Videx^ | Xolair* |
| Sustiva^ | Toposar | Videx EC^ | Xtandi**^ |
| Sutent**^ | topotecan | Viekira Pak**^ | Xuriden**^ |
| Sylatron* | Torisel | Viekira XR**^ | Xyntha |
| Sylvant | Tracleer**^ | vigabatrin^ | Xyntha Solofuse |
| Symdeko^ | tranexamic acid^ | Vigadrone^ | Xyrem^ |
| Symfi^ | Treanda | Vimizim | Y |
| Symfi Lo^ | Trelstar | vinblastine | Yervoy |
| Synagis | Tremfya* | Vincasar PFS | Yescarta |
| Synarel | Tretten | vincristine | Yondelis |
| Synribo* | Trexall^ | vinorelbine | Yonsa^ |
| Synvisc | trientine**^ | Viracept^ | Z |
| Synvisc-One | Triptodur | Viramune^ | Zaltrap* |
| Syprine**^ | Trisenox | Viramune XR^ | Zanosar |
| T | Triumeq^ | Virazole | Zarxio |
| tacrolimus^ | Trizivir^ | Viread^ | Zavesca**^ |
| Tafinlar**^ | Trogarzo | Visco-3 | Zejula**^ |
| Tagrisso**^ | Truvada^ | Vistogard^ | Zelboraf**^ |
| Taltz* | Tybost^ | Visudyne | Zemaira |
| Tarceva**^ | Tykerb**^ | Vivitrol | Zemplar^ |
| Targretin^ | Tymlos | Vonvendi | Zepatier**^ |
| Tasigna**^ | Tysabri | Voraxaze | Zerit^ |
| Tavalisse**^ | Tyvaso* | Vosevi**^ | Zevalin |
| Taxotere | U | Votrient**^ | Ziagen^ |
| Tecentriq | Unituxin | VPRIV | zidovudine^ |
| Tecfidera**^ | Uptravi**^ | Vyxeos | Zinecard |
| Temodar**^ | V | W | Zinplava |
| temozolomide**^ | Valchlor^ | Wilate | Zoladex* |
| teniposide | Valstar | WinRho SDF | zoledronic acid |
| tenofovir^ | Vantas | X | Zolinza**^ |
| Tepadina | Varithena | Xalkori**^ | Zomacton* |
| tetrabenazine**^ | Varubi**^ | Xatmep**^ | Zometa |
| Thalomid**^ | Vectibix | Xeljanz**^ | Zorbtive* |
| Thiola^ | Velcade | Xeljanz XR**^ | Zortress^ |
| Thiotepa | Veletri* | Xeloda^ | Zydelig**^ |
| Thrombate III | Vemlidy^ | Xenazine**^ | Zykadia**^ |
| Thymoglobulin | Venclexta**^ | Xeomin | Zytiga**^ |
| Thyrogen | | | |

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Cigna reserves the right to make changes to the Drug List without notice. Your plan may cover additional medications; please refer to your enrollment materials for details. Cigna does not take responsibility for any medication decisions made by the doctor or pharmacist. Cigna may receive payments from manufacturers of certain preferred brand medications, and in limited instances, certain non-preferred brand medications, that may or may not be shared with your plan depending on its arrangement with Cigna. Depending upon plan design, market conditions, the extent to which manufacturer payments are shared with your plan and other factors as of the date of service, the preferred brand medication may or may not represent the lowest-cost brand medication within its class for you and/or your plan.



1. State laws in **Texas** and **Louisiana** may require your plan to cover your medication at your current benefit level until your plan renews. This means that if your medication is taken off the drug list, is moved to a higher cost-share tier or needs approval from Cigna before your plan will cover it, these changes may not begin until your plan's renewal date. To find out if these state laws apply to your plan, please call Customer Service using the number on your Cigna ID card.
2. **Illinois** state law allows you to receive continued coverage of your medication, and at your current cost-share (tier) level, if your doctor requests approval through a coverage review process. To find out if this state law applies to your plan, please call Customer Service using the number on your Cigna ID card.
3. Not all plans offer Accredo as a covered pharmacy option. Please log in to the myCigna app or website, or check your plan materials, to learn more about the pharmacies in your plan's network.
4. Prices shown on myCigna are not guaranteed and coverage is subject to your plan terms and conditions. Visit myCigna for more information.

Health benefit plans vary, but in general to be eligible for coverage a drug must be approved by the Food and Drug Administration (FDA), prescribed by a health care professional, purchased from a licensed pharmacy and medically necessary. If your plan provides coverage for certain prescription drugs with no cost-share, you may be required to use an in-network pharmacy to fill the prescription. If you use a pharmacy that does not participate in your plan's network, your prescription may not be covered, or reimbursement may be limited by your plan's copay, coinsurance or deductible requirements. Certain features described in this document may not be applicable to your specific health plan, and plan features may vary by location and plan type. Refer to your plan documents for costs and complete details of your plan's prescription drug coverage.

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DISCRIMINATION IS AGAINST THE LAW

Medical coverage

Cigna complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Cigna does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Cigna:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
 - Qualified sign language interpreters
 - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
 - Qualified interpreters
 - Information written in other languages

If you need these services, contact customer service at the toll-free number shown on your ID card, and ask a Customer Service Associate for assistance.

If you believe that Cigna has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance by sending an email to ACAGrievance@Cigna.com or by writing to the following address:

Cigna
Nondiscrimination Complaint Coordinator
PO Box 188016
Chattanooga, TN 37422

If you need assistance filing a written grievance, please call the number on the back of your ID card or send an email to ACAGrievance@Cigna.com. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services
200 Independence Avenue, SW
Room 509F, HHH Building
Washington, DC 20201
1.800.368.1019, 800.537.7697 (TDD)
Complaint forms are available at
<http://www.hhs.gov/ocr/office/file/index.html>.



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Proficiency of Language Assistance Services

English – ATTENTION: Language assistance services, free of charge, are available to you. For current Cigna customers, call the number on the back of your ID card. Otherwise, call 1.800.244.6224 (TTY: Dial 711).

Spanish – ATENCIÓN: Hay servicios de asistencia de idiomas, sin cargo, a su disposición. Si es un cliente actual de Cigna, llame al número que figura en el reverso de su tarjeta de identificación. Si no lo es, llame al 1.800.244.6224 (los usuarios de TTY deben llamar al 711).

Chinese – 注意：我們可為您免費提供語言協助服務。對於 Cigna 的現有客戶，請致電您的 ID 卡背面的號碼。其他客戶請致電 1.800.244.6224（聽障專線：請撥 711）。

Vietnamese – XIN LỜI Ý: Quý vị được cấp dịch vụ trợ giúp về ngôn ngữ miễn phí. Dành cho khách hàng hiện tại của Cigna, vui lòng gọi số ở mặt sau thẻ Hội viên. Các trường hợp khác xin gọi số 1.800.244.6224 (TTY: Quay số 711).

Korean – 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 현재 Cigna 가입자님들께서는 ID 카드 뒷면에 있는 전화번호로 연락해주시십시오. 기타 다른 경우에는 1.800.244.6224 (TTY: 다이얼 711)번으로 전화해주시십시오.

Tagalog – PAUNAWA: Makakakuha ka ng mga serbisyo sa tulong sa wika nang libre. Para sa mga kasalukuyang customer ng Cigna, tawagan ang numero sa likuran ng iyong ID card. O kaya, tumawag sa 1.800.244.6224 (TTY: I-dial ang 711).

Russian – ВНИМАНИЕ: вам могут предоставить бесплатные услуги перевода. Если вы уже участвуете в плане Cigna, позвоните по номеру, указанному на обратной стороне вашей идентификационной карточки участника плана. Если вы не являетесь участником одного из наших планов, позвоните по номеру 1.800.244.6224 (TTY: 711).

Arabic – برجاء الانتباه خدمات الترجمة المجانية متاحة لكم. لعملاء Cigna الحاليين برجاء الاتصال بالرقم المدون علي ظهر بطاقتكم الشخصية. او اتصل ب 1.800.244.6224 (TTY: اتصل ب 711).

French Creole – ATANSYON: Gen sèvis èd nan lang ki disponib gratis pou ou. Pou kliyan Cigna yo, rele nimewo ki dèyè kat ID ou. Sinon, rele nimewo 1.800.244.6224 (TTY: Rele 711).

French – ATTENTION: Des services d'aide linguistique vous sont proposés gratuitement. Si vous êtes un client actuel de Cigna, veuillez appeler le numéro indiqué au verso de votre carte d'identité. Sinon, veuillez appeler le numéro 1.800.244.6224 (ATS : composez le numéro 711).

Portuguese – ATENÇÃO: Tem ao seu dispor serviços de assistência linguística, totalmente gratuitos. Para clientes Cigna atuais, ligue para o número que se encontra no verso do seu cartão de identificação. Caso contrário, ligue para 1.800.244.6224 (Dispositivos TTY: marque 711).

Polish – UWAGA: w celu skorzystania z dostępnej, bezpłatnej pomocy językowej, obecni klienci firmy Cigna mogą dzwonić pod numer podany na odwrocie karty identyfikacyjnej. Wszystkie inne osoby prosimy o skorzystanie z numeru 1 800 244 6224 (TTY: wybierz 711).

Japanese – 注意事項: 日本語を話される場合、無料の言語支援サービスをご利用いただけます。現在のCignaのお客様は、IDカード裏面の電話番号まで、お電話にてご連絡ください。その他の方は、1.800.244.6224 (TTY: 711)まで、お電話にてご連絡ください。

Italian – ATTENZIONE: Sono disponibili servizi di assistenza linguistica gratuiti. Per i clienti Cigna attuali, chiamare il numero sul retro della tessera di identificazione. In caso contrario, chiamare il numero 1.800.244.6224 (utenti TTY: chiamare il numero 711).

German – ACHTUNG: Die Leistungen der Sprachunterstützung stehen Ihnen kostenlos zur Verfügung. Wenn Sie gegenwärtiger Cigna-Kunde sind, rufen Sie bitte die Nummer auf der Rückseite Ihrer Krankenversicherungskarte an. Andernfalls rufen Sie 1.800.244.6224 an (TTY: Wählen Sie 711).

Persian (Farsi) – توجه: خدمات کمک زبانی، به صورت رایگان به شما ارائه می‌شود. برای مشتریان فعلی Cigna، لطفاً با شماره‌ای که در پشت کارت شناسایی شماست تماس بگیرید. در غیر اینصورت با شماره 1.800.244.6224 تماس بگیرید (شماره تلفن ویژه ناشنوايان: شماره 711 را شماره‌گیری کنید).