



2023 Preauthorization Statistics for Texas Plans with Utilization Management under Cigna

Preauthorization Statistics by Provider Type and Specialty

Provider Type and Specialty	Approvals	Denials	Denials Overturned on Internal Appeal	Denials Overturned by an Independent Review Organization (IRO)
Anesthesiology	1	0	N/A	N/A
Chiropractor	1	0	N/A	N/A
Dermatology	0	3	0	0
Family Medicine	87	32	0	0
General Acute Care Hospital	7	0	N/A	N/A
Hospitalist	5	1	N/A	N/A
Internal Medicine	25	5	0	0
Medical Genetics	0	2	0	0
Nurse Practitioner – Family Medicine	2	1	0	0
Obstetrics & Gynecology	8	2	0	0
Oncology - Hematology	2	0	N/A	N/A
Ophthalmology	4	0	N/A	N/A
Otolaryngology	3	0	N/A	N/A
Pediatrics	5	0	N/A	N/A
Physical Medicine & Rehabilitation	1	0	N/A	N/A
Physical Therapist	2	0	N/A	N/A
Physician Assistant	5	1	0	0
Podiatrist - Foot & Ankle Surgery	1	0	N/A	N/A
Psychiatric Hospital	11	0	N/A	N/A
Psychiatry & Neurology	4	0	N/A	N/A
Rheumatology	0	2	0	0
Sports Medicine	5	5	0	0
Substance Abuse Rehabilitation Facility	5	1	0	0
Surgery	4	2	0	0
Surgery, Neurological	2	0	N/A	N/A
Surgery, Orthopedic	17	12	0	0
Surgery, Plastic	1	0	N/A	N/A
Urology	4	0	N/A	N/A

Total Annual Preauthorization Requests, Approvals, and Denials by Service Type

Service Type	Approvals	Denials
Inpatient: Hospitalization	14	3
Inpatient: Maternity/Newborn Care	9	1
Inpatient: Surgery	6	5
Inpatient: Psychiatric	24	1
Outpatient: Procedure: Imaging	137	53
Outpatient: Procedure: Other	7	3
Outpatient: Procedure: Infusion/Injection	7	5
Outpatient: Procedure: Surgery	3	0
Outpatient: Durable Medical Equipment	2	1



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Provider Type and Specialty	Approvals	Denials	Denials Overturned on Internal Appeal	Denials Overturned by an Independent Review Organization (IRO)
Cardiology	7	1	0	0
Emergency Medicine	2	0	0	0
Endocrinology and Metabolism	3	0	0	0
Family Medicine	5	3	0	0
Hematology	0	2	0	0
Infectious Disease	1	0	0	0
Internal Medicine	28	2	1	0
Other	18	0	0	0
Neuroradiology	3	0	0	0
Nurse Practitioner	10	0	0	0
Obstetrics/Gynecology	1	1	0	0
Ophthalmology	7	2	0	0
Otolaryngology	3	3	0	0
Pain Management	3	0	0	0
Pediatrics	3	0	0	0
Pediatric Endocrinology	1	0	0	0
Physical Medicine	4	2	0	0
Rheumatology	1	0	0	0
Radiology	107	42	0	0
Surgery, General	4	1	0	0
Surgery, Head and Neck	2	0	0	0
Surgery, Neurological	1	2	1	0
Surgery, Orthopedic	1	3	1	0
Vascular & Interventional Radiology	1	0	0	0

Total Annual Preauthorization Requests, Approvals, and Denials by Service Type

Service Type	Approvals	Denials
Inpatient: Hospitalization	29	3
Inpatient: Surgery	4	0
Inpatient: Psychiatric	28	0
Outpatient: Procedure: Imaging	108	42
Outpatient: Procedure: Other	43	18
Outpatient: Newborn Care	3	0
Outpatient: Procedure: Infusion/Injection	8	2
Outpatient: Procedure: Surgery	2	0



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Provider Type and Specialty	Approvals	Denials	Denials Overturned on Internal Appeal	Denials Overturned by an Independent Review Organization (IRO)
Anesthesiology	2	0	0	0
Cardiovascular Disease	11	3	1	0
Chiropractor	0	1	0	0
Craniofacial Surgery	2	0	2	0
Family Practice	19	7	0	0
Gastroenterology	3	2	0	0
General Surgery	1	0	0	0
Internal Medicine	7	2	0	0
Nephrology	1	0	0	0
Neurology	16	1	0	0
Neurosurgery	2	0	0	0
Nurse Practitioner	2	2	0	0
Obstetrics &Gynecology	5	0	2	0
Oncology	1	1	0	0
Ophthalmology	1	2	0	0
Oral/ Maxillofacial Surgery	2	0	1	0
Orthopedic Surgery	12	2	0	0
Other	1	0	1	0
Otolaryngologist (ENT)	7	1	0	0
Physical Medicine & Rehabilitation	6	1	0	0
Physical Therapist	1	3	0	0
Physician Assistant	1	0	0	0
Podiatry	3	4	2	0
Primary Care Physicians	0	1	0	0
Pulmonary Diseases	2	0	0	0
Rheumatology	0	0	1	0
Sports Medicine	18	8	0	0
Surgery-Neurology	1	0	0	0
Surgery-Orthopedic	26	5	0	0
Urgent Care	1	1	0	0
Urology	3	0	0	0



Total Annual Preauthorization Requests, Approvals, and Denials by Service Type

Service Type	Approvals	Denials
Inpatient: Procedure: Misc	1	0
Inpatient: Surgery – Pain Management	1	0
Outpatient: Procedure: Imaging	128	42
Outpatient: Procedure: Pain Management	0	1
Outpatient: Procedure: Physical Therapy	1	3
Outpatient: Procedure: Sleep Study	8	0
Outpatient: Procedure: Stress Test	4	1
Outpatient: Procedure: Surgery	17	0



2020 Preauthorization Statistics for Texas Plans with Utilization Management under Cigna

Preauthorization Statistics by Provider Type and Specialty

Provider Type and Specialty	Approvals	Denials	Denials Overturned on Internal Appeal	Denials Overturned by an Independent Review Organization (IRO)
Cardiologist	9	0	0	0
Dermatology	2	2	0	0
Emergency Medicine	3	0	0	0
Emergency Medicine-Pediatric	1	0	0	0
Endocrinology	0	2	0	0
Family Medicine	12	7	0	0
Gastroenterology	5	3	0	0
Hematology	5	3	0	0
Imaging	0	1	0	0
Internal Medicine	4	3	0	0
Neurology	6	6	0	0
Neurosurgery	1	0	0	0
Nurse Practitioner	0	1	0	0
Oncology	4	1	0	0
Ophthalmology	4	0	0	0
Orthopedic Surgery	18	6	0	0
Otolaryngology (ENT)	8	2	0	0
Outpatient Clinic	2	2	0	0
Pain Management	8	7	0	0
Physical Medicine	1	0	0	0
Physical Medicine & Rehabilitation	2	4	0	0
Physician	21	10	0	0
Preventive Medicine	1	0	0	0
Pulmonary Diseases	1	0	0	0
Radiology – Diagnostic	0	1	0	0
Rehab Provider	0	4	0	0
Respiratory Therapy	3	3	0	0
Sports Medicine	1	0	0	0
Surgery, General	0	1	0	0
Surgery, Orthopedic	14	2	0	0
Urology	2	0	0	0



Total Annual Preauthorization Requests, Approvals, and Denials by Service Type

Service Type	Approvals	Denials
Outpatient: Procedure: Imaging	73	34
Outpatient: Procedure: Misc	1	1
Outpatient: Procedure: Pain Management	8	6
Outpatient: Procedure: Sleep Study	8	6
Outpatient: Procedure: Stress Test	7	0
Outpatient: Procedure: Supplies	6	3
Outpatient: Procedure: Surgery	16	5



WELLFLEET

2019 Preauthorization Statistics for Texas Plans with Utilization Management under Cigna

Preauthorization Statistics by Provider Type and Specialty

Provider Type and Specialty	Approvals	Denials	Appeals Overturned	Denials Overturned by Independent Review Organization (IRO)
PHYSICIAN, FAMILY MEDICINE	1	0	N/A	N/A
PAIN MANAGEMENT	1	0	N/A	N/A
SLEEP MEDICINE	1	0	N/A	N/A

Total Annual Preauthorization Requests, Approvals, and Denials by Service Type

Service Indication Type	Approvals	Denials
OUTPATIENT, SLEEP STUDY	1	0
OUTPATIENT, OBSERVATION AND EVALUATION	1	0
OUTPATIENT, PROCEDURE FOR PAIN MANAGEMENT	1	0